

SOCA Youth Recreation Program Rules of Play

Except as indicated in this summary, the Recreation Program will use the international soccer rules as established by FIFA and set forth in the USSF annual publication, **Laws of the Game, Guide to Procedures & Advise to Referees on the Laws of the Game.**

The ball sizes and game duration for the various age groups are as follows:

Age Group	Ball Size	# of Players	Half Length	Restart Distance	Penalty Kick Distance	Maximum Time for the Game
U10	4	7	25'	7 yds.	10 yds.	70'
U12	4	9	30'	8 yds.	10 yds.	80'
U15	5	11	35'	10 yds.	12 yds.	90'
U18	5	11	40'	10 yds.	12 yds.	105'

(Some age groups may vary from season to season and this will be noted on the referee assigning website)

Exceptions

1. Games not finished within the maximum time allotted may be ended when the maximum time allotted has expired.
2. Recreation level games shall be played with each team having an equal number of players participating on the field. If one team does not have enough players to field a full team, the opposing team should loan players to the short team, or play with only as many players as the short team is able to field. **There are no forfeits in the recreational league!**
3. Players will not be permitted to play if they are wearing **jewelry or anything dangerous** to themselves or to other players. **Casts are allowed if properly padded.**
4. Coaches are responsible for their own behavior as well as that of the players' parents. Coaches/fans may be expelled from the field of play for irresponsible behavior or for actions that bring the game into disrepute.
5. For the U-10 division there will be no offside infraction.
6. Substitutions may be made with your consent, at the following times:
 - a. Prior to a throw-in by the team in possession. If both teams are waiting at the Halfway Line, you can allow both teams' players to enter.
 - b. Prior to a goal kick by either team.
 - c. After a goal has been scored by either team.
 - d. At the beginning of the second half of play by either team.
 - e. After an injury by both teams.
 - f. After the issuance of a caution, for the offending player, if the coach would like. Opposing team may also substitute an equal number of players.