

## SOCA Youth Challenge Program Rules of Play

Except as indicated in this summary, the Challenge Program will use the international soccer rules as established by FIFA and set forth in the USSF annual publication, **FIFA Laws of the Game, Guide for Referees, USSF.**

The ball sizes and game duration for the various programs and age groups are as follows:

Age Group	Ball Size	# of Players	Match Length	Maximum Time for the Game
U-10	4	6	2 x 30 min. halves	70 minutes
U-12	4	8	2 x 30 min. halves	80 minutes
U-14	5	11	2 x 35 min. halves	90 minutes

### Exceptions

1. Games not finished within the maximum time allotted will be ended when the maximum time allotted has expired.
2. Any team unable to field the minimum players required (4 for U-10, 5 for U-12 & 7 for U-14) at the start of each game, shall forfeit the game by the score of 2-0. There shall be a 10-minute grace period for all games.
3. Players will not be permitted to play if they are wearing **jewelry or anything dangerous** to themselves or to other players. *Casts are allowed if properly padded.*
4. *Mouth guards are not required. They are still recommended but not required.*
5. Coaches are responsible for their own behavior as well as that of the players' parents. Coaches may be ejected for the misconduct of either.
6. **Off sides will be called in the U10 Challenge division.**
7. Substitutions may be made with your consent, at the following times:
  - a. Prior to a throw-in by the team in possession
  - b. Prior to a goal kick by either team
  - c. After a goal has been scored by either team
  - d. At the beginning of the second half of play