

SOCA

SMALL GROUP TRAINING

SOCA is pleased to offer all youth program players the opportunity to train with friends and small groups with professional SOCA Staff Coaches.

Small Group Training allows players to train and compete in a specialized soccer environment focusing on fundamentals, attacking & defending principles, group tactics, soccer-specific performance enhancement and more! Small Groups are defined as a minimum of 2 and up to a maximum of 8 players. Players will train individual skills and small group activities. All instructors are certified and provide top-quality, professional services.

Training will take place at SOCA-ACAC South Fork Soccer Park.

Current available instructors include: Cory Greiner, Kyle Lessig, Craig Brannan, Sarah Curtis and Kevin Cash (GK).

Fundamentals

Field Players

Goalkeepers

Specialized

Small Groups

Professional

Effective

Dynamic



IMPORTANT INFORMATION

Small Group Training is available for Field Players & Goalkeepers. Goalkeepers will be matched with Goalkeeper-specific coaches.

Each Small Group Training program is setup as a supplement to existing SOCA programs. Small Group sessions will not conflict with your current team practices and/or SOCA programming.

Please review your current programming schedule prior to contacting SOCA.

PROGRAM REQUIREMENTS, PACKAGES & COSTS

SOCA offers a minimum of (3) sessions or a maximum of (6) six to create effective training programs. **MUST REGISTER AS A GROUP!**

(3) 1-Hour Training Sessions	(6) 1-Hour Training Sessions
\$100.00 Per Player (2 Players)	\$195.00 Per Player (2 Players)
\$95.00 Per Player (3 Players)	\$185.00 Per Player (3 Players)
\$90.00 Per Player (4 Players)	\$175.00 Per Player (4 Players)
\$85.00 Per Player (5 Players)	\$165.00 Per Player (5 Players)
\$80.00 Per Player (6 Players)	\$155.00 Per Player (6 Players)
\$75.00 Per Player (7 Players)	\$145.00 Per Player (7 Players)
\$70.00 Per Player (8 Players)	\$135.00 Per Player (8 Players)

CALL SOCA TODAY! See attached sheet for complete Small Group Training Instructions & Procedures.

Small Groups may request a specific coach and/or specific time/days/dates. SOCA will attempt to match coach availability with needs/requests. All payments must be made in full, in advance at the SOCA Office. Contact Cory Greiner-SOCA Technical Director at Cory.Greiner@socasport.org or call 434.975.5025 ext. 16 to set up your Small Group Training Sessions!

SOCA

SMALL GROUP TRAINING

Instruction & Procedures

SCHEDULING

The group may request a specific coach and/or specific times/days/dates. SOCA will attempt to match coach availability with group needs/requests. Field Players will be scheduled with Field Player coaches. Goalkeepers will be scheduled with Goalkeeper coaches. Call the SOCA office @ 434.975.5025 ext. 16 to schedule your Small Group Training today!

PAYMENT

Payment is due at the SOCA office in advance, in full. Small Groups must register/pay together. Payment is to be made a minimum of 24 hours in advance of the first scheduled training session. Sessions will be canceled without completed payment. Full payment is required for the total package of training sessions scheduled.

CANCELLATION / RESCHEDULING

Cancellations can be made up to 24 hours in advance of a training session. We understand that last-minute conflicts do occur. Please provide as much advance notice as possible. If the instructor has arrived at the field and the player does not attend the training session, without notice, the session is considered complete. We will do our best to accommodate rescheduling of canceled sessions. Contact the SOCA office 434.975.5025.

WEATHER CANCELLATION

Please contact the SOCA Weather Line at 434.975.RAIN (7246) or visit the web: www.SOCAspot.org for field closings and program cancellations due to weather. If the training session is canceled, please contact the SOCA office to reschedule the training session. If a training session has begun and weather halts the session, the remainder of the training session will be rescheduled at a later date; arrangements to be made directly with the instructor.

REFUNDS

Refunds require a written request from the parent submitted to the SOCA office. Refunds will be pro-rated based on sessions completed.

SOCA- Small Group Training Registration Sheet

Return to SOCA Office
Attn: Cory Greiner
1685 Polo Grounds Rd
Charlottesville, VA 22911
Fax- 434.975.2619

GROUP CONTACT PERSONS NAME: _____ **# OF PLAYERS** _____
(Must be adult parent/guardian)

LEVELS OF PLAY: REC CHALLENGE METRO EXPRESS LIGHTNING/STORM ACADEMY

COACH REQUEST (if any)-

*SOCA will place player with the next available instructor if the requested coach cannot be scheduled. Players will be placed with Field Player or Goalkeeper specific coaches.

LOCATION: SFSP

GROUP CONTACT PERSONS INFORMATION

PRIMARY EMAIL _____ SECONDARY EMAIL _____

Contact Person 1(from above) _____ PHONE 1: _____ PHONE 2: _____

Contact Person 2: _____ PHONE 1: _____ PHONE 2: _____

PLAYER NAMES

Player 1 _____ Player 2 _____

Player 3 _____ Player 4 _____

Player 5 _____ Player 6 _____

Player 7 _____ Player 8 _____

Briefly Describe Small Group Training Objectives _____

STAFF USE ONLY- Notes _____

OFFICE USE ONLY
Payment _____ **Initial # of Sessions** _____
