

SOCA Youth Recreation Program Rules of Play

Except as indicated in this summary, the Recreation Program will use the international soccer rules as established by FIFA and set forth in the USSF annual publication, **FIFA Laws of the Game, Guide for Referees, USSF.**

The ball sizes and game duration for the various programs and age groups are as follows:

| Age Group | Ball Size | # of Players | Match Length | Maximum Time for the Game |
|-----------|-----------|--------------|--------------------|---------------------------|
| U-10 | 4 | 6 | 2 x 25 min. halves | 70 minutes |
| U-12 | 4 | 8 | 2 x 30 min. halves | 80 minutes |
| U-14 | 5 | 11 | 2 x 35 min. halves | 90 minutes |
| U-18 | 5 | 11 | 2 x 40 min. halves | 90 minutes |

Exceptions

1. Games not finished within the maximum time allotted will be ended when the maximum time allotted has expired.
2. There shall be an equal number of players participating for each team on the field at the start of each game. If one team does not have enough players to field a full team, the opposing team may elect to either loan players to the short team, or to play with only as many players as the short team is able to field at the start of the game. **There are no forfeits in the recreational league!**
3. Players will not be permitted to play if they are wearing **jewelry or anything dangerous** to themselves or to other players. *Casts are allowed if properly padded.*
4. *Mouth guards are not required. They are still recommended but not required.*
5. Coaches are responsible for their own behavior as well as that of the players' parents. Coaches may be ejected for the misconduct of either.
6. For the U-10 division there will be no offsides rule.
7. Substitutions may be made with your consent, at the following times:
 - a. Prior to a throw-in by the team in possession
 - b. Prior to a goal kick by either team
 - c. After a goal has been scored by either team
 - d. At the beginning of the second half of play