



2010-2011 TRAVEL PACKET

Introduction Letter

June 1, 2010

CONGRATULATIONS!

You have been selected to a SOCA Travel team (Travel Elite Teams = Lightning, Storm, Express) (Travel Premier Teams = Metro). Your team notification is located in the 'Available Programs' section of your personal MySOCA account page; for example, *U14 Boys Express 2010-2011*.

Please carefully review the information in this packet. Examine the Table of Contents, on the next page, to find the pages associated with your team selection.

All Travel teams require a substantial commitment from both the player and family. These programs also require high standards of behavior by all participants. If after reading this information you feel you are able to fully commit to your team, please complete the online registration process (through your MySOCA account or contact the SOCA office if you do not have the ability to complete online registration).

If you find you are unable to meet the program obligations, please contact your coach or contact the SOCA office to decline this offer. There are no refunds after the registration deadlines.

SOCA's Travel programs Generally require a year-round commitment. If you have been selected to a U19/18-U11 Elite team, you will have Fall and Spring events. If you have been selected to a Metro U14-U11 team, you will have Fall and Spring events. However, if you have been selected to a Metro U19/18-U15 team, you will have Fall events, only.

Fall events will begin on or about August 1 and will be completed by the middle of December. Some team schedule of events may end earlier.

Spring events begin in the middle of February and terminate at the end of May. Some team schedule of events may end earlier.

Elite U19/18-U15 teams typically participate in a limited Spring season with February and March training and two early-season tournaments. Please contact your High School coach and administrators to let them know of your schedule and potential conflicts. Please review the High School policy located in this document for more information. Players that participate on SOCA Select teams may have additional training and events during the Summer, Winter and Spring seasons.

SOCA believes that you will find your Travel team experience to be rewarding. We hope that you are able to make the necessary commitment required to make your team and the program successful.

Thank you for your participation. If you have any questions feel free to contact SOCA's Director of Coaching at Brian.Kuk@SOCAspot.org.

Sincerely,
SOCA Coaching Staff



2010-2011 TRAVEL PACKET

Table of Contents

Table of Contents for all Travel players (Premier & Metro); please review carefully!

Introduction Letter (see previous page)	page 1
Table of Contents	page 2
Administrative Items (for all Elite & Premier players!)	page 3
Team Uniforms (for all Elite & Premier players!)	page 4
Under 19/18-Under 15 Travel Players (Girls & Boys) Obligations & Commitments	page 5 page 5
Under 19/18-Under 14 Travel Players (Girls & Boys) Fall & Spring High School Policy	page 6 page 6
Under 14-Under 11 Travel Players (Girls & Boys) Obligations & Commitments	page 7 page 7
Under 19/18-Under 11 Travel Players (Girls & Boys) Team Fees	page 8 page 8
Under 19/18-Under 11 Travel Players (Girls & Boys) Annual Calendar	page 9-10 page 9-10
Under 14 Boys & Girls Express Only Italy Trip	page 11-12 page 11-12
SOCA Select Academy (Boys & Girls)	page 13-15
Under 19/18-Under 15 Boys Lightning & Girls Storm College Recruiting	page 16-17 page 16-17



2010-2011 TRAVEL PACKET

Administrative Items (for all Elite & Premier players)

Please note: the items listed below MUST BE given to your team manager. Your team manager will be announced by your team coach. You will receive an email from your coach providing both the coach and team manager contact information.

1. Player Photos (**color passport size photo = 1"x1"**) (**your photo must be 1"x1"**): Please provide to your team manager immediately after the tryout results announcements have been made on June 1st. If you send an electronic photo to your team manager via email, **YOU MUST** save the file using the file name example:

File name sample (Team Name – First Name Last Name.jpg):

U14 Boys Express – Bob Smith.jpg

NEW PLAYERS TO TRAVEL ONLY! If you are new to Travel soccer, you must bring an original, official birth certificate (or passport, or driver's license) to the SOCA office, for age confirmation.

CURRENT TRAVEL PLAYERS BUT NOT PREVIOUSLY WITH SOCA! If you are new to SOCA but played Travel soccer last season, you may bring your current player pass. If you do not have a player pass, please bring an original, official birth certificate (or passport, or driver's license) to the SOCA office, for age confirmation.

2. Player Pass Signatures: please sign, following directions from your team manager.
3. Player Medical Release Form Signatures: will be coordinated by your team manager.
4. Other Paperwork as necessary: as directed by your team manager.

ADDITIONAL (INFORMATIONAL ONLY)

Typically, team managers carry a binder of team information to every game. The binder will contain:

Team Rosters (original and copies provided to the team manager by SOCA)

- VYSA League and Tournament Roster
- VYSA State Cup Roster

VYSA Player and Coach Passes (passes provided to team manager by SOCA)

VYSA Player Medical Release Forms (releases provided to the team manager by SOCA)

Emergency Contact Information (collected by the team manager if not provided by SOCA)

Schedule Information

- League and Tournament

Players Profile Sheets

- College Eligible Players (U19/18-U15)

Travel team managers register their team for Tournaments and events. If for any reason the team manager cannot attend a game or event, the binder should be passed along to an alternate.



2010-2011 TRAVEL PACKET

Team Uniforms (for all Elite and Premier players)

Please note: SOCA partners with Adidas and Total Soccer to provide the very best in soccer apparel along with great, local service.

Each travel player will receive from SOCA:

1. One, royal blue Adidas “Toque” jersey
2. One, white Adidas “Toque” jersey

These two items have been ordered in team sets and will be delivered to SOCA. Payment for these two items is included in your fees. Payment of fees, including the jersey cost, is part of the registration process. Coaches and team managers will distribute the jerseys to players directly, prior to the start of the Fall season.

Additionally, each player will be responsible to purchase the required uniform shorts and socks **DIRECTLY** from Total Soccer. Total Soccer will hold inventory of the SOCA shorts and SOCA socks in a range of sizes. Players will be able to try on shorts, and purchase additional items if desired. The price provided by Total Soccer for SOCA Travel players, will be better than what can be found elsewhere.

Each player is required to have the following items in addition to the provided jerseys. These items can be purchased at Total Soccer, beginning **mid-July**:

Please Note: The Shorts and Socks listed below are *New Styles* for 2010/2011. The new styles must be purchased for this coming soccer year.

1. Girls: One pair of Adidas “Equipo” shorts; White, Girls cut; cost approximately \$15.00.
Boys: One pair of Adidas “Equipo” shorts; White, Boys cut; cost approximately \$15.00.
2. One pair of **each** of the following Adidas “Copa Zone Cushion” socks; approximately \$6.75 each.
 - white with red stripes
 - red with white stripes
 - royal blue with white stripes

NO APPAREL SUBSTITUTIONS ARE PERMITTED!

Note: players may purchase more than one of these items, or replace lost or damaged items at any time from Total Soccer. Be sure to tell them you are with a SOCA Travel team!

Thank you!



2010-2011 TRAVEL PACKET

Under 19/18-Under 15 Travel Players (Girls & Boys)

Obligations & Commitments

U19/18-U15 Elite Program Obligations (Lightning and Storm)

1. Training sessions three times per week.
2. VCCL (Virginia Club Champions League; www.VCCLsoccer.com) games: most on Sunday afternoon. Please leave all Saturday and Sundays open and available beginning in August, ending in late November-early December. Saturday events are typically used for State Cup, friendly games and/or tournament games.
3. Participation in the VYSA State Cup (Virginia Youth Soccer Association; www.VYSA.com); games on Saturday and the possibility of state-wide travel; U19/18-U15 State Cup competes in the Fall season.
4. Participation in 3 or more Tournaments in the Fall.
5. Participation in 2 or more Tournaments in the early Spring. Make sure you contact your High School coach and administrators to let them know of your schedule and potential conflicts.
6. VCCL College Showcase (November or December); U19/18-U17 Boys and U19/18-U16 Girls.
7. Players are required to attend all practices, games and tournaments; including additional events as added by the Director of Coaching.
8. Participation in SOCA's Travel Preseason Team Camp (August).

U19/18-U15 Premier Program Obligations (Metro)

1. Training sessions two times per week.
2. SCSL (Skyline Club Soccer League; https://www.socaspot.org/skyline/skyline_league.php) games: most on Saturdays or Sunday afternoons. Please leave all Saturday and Sundays open and available beginning in middle-to-late August, ending in late November.
3. Participation in 2 Tournaments in the Fall.
4. No Tournament participation in the Spring.
5. Players will be required to attend all practices, games and tournaments; including additional events as added by the Director of Coaching.
6. Participation in SOCA's Travel Preseason Team Camp (August).
7. Pool Training with Lightning and Storm teams within age group; 2-4 times per season.

Guidelines for Behavior (Lightning, Storm & Metro)

1. Fulfill your obligations to your team. Participate fully in all team functions.
2. Be responsible.
3. Be prepared for all training, matches, and tournaments.
4. Treat your coach and teammates with respect and dignity.
5. Treat your opponent, the opposing coaches, match officials and spectators with respect and dignity.
6. Do not interfere with coaching decisions. Discuss issues with coaches at the appropriate time and in the appropriate manner.
7. Review & support the Club's Mission, Vision & Core Values: (https://www.socaspot.org/about_soca.php).
8. Abide by all team and Club policies.



2010-2011 TRAVEL PACKET

Under 19/18-Under 14 Travel Players (Girls & Boys)

FALL & SPRING High School Policy

Purpose: To clarify SOCA's Fall and Spring High School Policy.

Scope: This policy applies to players participating on SOCA Travel U19/18-U14 teams; U14's are included as there are some 9th graders playing on age-appropriate U14 teams.

Brief: SOCA's intent is to cooperate and communicate when possible with high school soccer programs. At U19/18-U15, a limited Spring Club season is crucial for the following reasons:

1. College scouting opportunities are greater in the Spring.
2. Teams need to establish a track record in order to earn invitations to College Showcase tournaments.
3. Some teams will be competing for regional titles or will be playing overseas in the Summer and need to play together.
4. Teams need continuity from one year to the next.

At U14, all players are expected to make a complete full-year commitment at the time of June registration.

- Policy:**
1. All SOCA Travel players are expected to attend all SOCA team activities.
 2. U19/18-U15 Lightning and Storm teams participate primarily in the Fall with a limited Spring season.
 3. U19/18-U15 Lightning and Storm Spring commitments are as follows:
 - A. One-three early season tournaments, timed, if possible, to occur prior to beginning of High School regular season.
 - B. At the discretion of the Director of Coaching, certain U19/18-U15 Lightning and Storm teams may participate in additional unique Spring activities and/or College Showcase events.
 4. U19/18-U15 Metro teams do not participate in SOCA activities in the Spring; however, individual Metro players may be asked to guest play with Lightning or Storm teams.
 5. U14-U11 Express and Metro teams play full Fall and Spring seasons.
 6. When lighted fields are available, SOCA U14 Express and Metro teams will train in the evening to allow 8th and 9th graders (that are on U14 teams) to participate in High School soccer if they choose to do so; but they are still expected to attend all SOCA Travel training sessions when applicable.
 7. Players making High School Varsity are allowed/encouraged to miss SOCA training for Varsity matches. All other players are expected to attend each SOCA training session and match.

Individual SOCA coaches have flexibility to amend this policy in consultation with the Director of Coaching.



2010-2011 TRAVEL PACKET

Under 14-Under 11 Travel Players (Girls & Boys)

Obligations & Commitments

U14-U11 Elite Program Obligations (Express)

1. Training sessions two times per week; with additional, third, ATDP (Advanced Training Development Program) session.
2. VCCL (Virginia Club Champions League; www.VCCLsoccer.com) games: most on Sunday afternoon. Please leave all Saturday and Sundays open and available beginning in August. Saturday events are typically used for State Cup, friendly games and/or tournament games.
3. Participation in the VYSA State Cup (Virginia Youth Soccer Association; www.VYSA.com); games on Saturday and the possibility of state-wide travel; U14-U12 State Cup competes in the Spring season. ***There is no U11 State Cup!***
4. Participation in 2 or more Tournaments in the Fall.
5. Participation in 2 or more Tournaments in the Spring. If U14, and a 9th grader, make sure you contact your High School coach & administrators to let them know of your schedule and potential conflicts (see High School Policy below).
6. Players are required to attend all practices, games and tournaments; including additional events as added by the Director of Coaching.
7. Participation in SOCA's Travel Preseason Team Camp (August).
8. U14 Boys and Girls summer trip to Italy following U14 Spring season.

U14-U11 Premier Program Obligations (Metro)

1. Training sessions two times per week; with additional, optional, ATDP session.
2. SCSL (Skyline Club Soccer League; https://www.socaspot.org/skyline/skyline_league.php) games: most on Saturdays or Sunday afternoons. Please leave all Saturday and Sundays open and available beginning in middle-to-late August.
3. Participation in 2 Tournaments in the Fall.
4. Participation in 2 Tournaments in the Spring. If U14, and a 9th grader, make sure you contact your High School coach and administrators to let them know of your schedule and potential conflicts (see High School Policy, previous page).
5. Players are required to attend all practices, games and tournaments; including additional events as added by the Director of Coaching.
6. Participation in SOCA's Travel Preseason Team Camp (August).
7. Pool Training with Express teams and coaches within age group; 2-4 times, per season.

Guidelines for Behavior (Express & Metro)

1. Fulfill your obligations to your team. Participate fully in all team functions.
2. Be responsible.
3. Be prepared for all training, matches, and tournaments.
4. Treat your coach and teammates with respect and dignity.
5. Treat your opponent, the opposing coaches, match officials and spectators with respect and dignity.
6. Do not interfere with coaching decisions. Discuss issues with coaches at the appropriate time and in the appropriate manner.
7. Review & support the Club's Mission, Vision & Core Values: (https://www.socaspot.org/about_soca.php).
8. Abide by all team and Club policies.



2010-2011 TRAVEL PACKET

Under 19/18-Under 11 Travel Players (Girls & Boys) Team Fees

Please note: SOCA requires that all U19/18-U15 Lightning, Storm and Metro players make one payment in full upon registration; U19/18-U15 Lightning and Storm teams participate in a full Fall season with 2-3 early Spring tournaments (typically in February and March). U19/18-U15 Metro teams participate in a full Fall season and do not participate in Spring events.

SOCA offers two payments for the U14-U11 Express and Metro as it is a full-year, two season commitment; Fall and Spring. However, U14-U11 Express and Metro participants are welcome to make both payments upon registration. All U14 players are expected to participate in all club training, games, tournaments and events if participating on a spring High School team.

<u>AGE GROUPS</u>	<u>TEAMS</u>	<u>FEE</u>	<u>Payment Due Date</u>
U19/18-U15	Lightning & Storm	\$945.00	6/7/2010
U19/18-U15	Metro	\$520.00	6/7/2010
U14-U11	Express	\$605.00 \$475.00	Due 6/7/2010 Due 10/1/2010
U14-U11	Metro	\$520.00 \$435.00	Due 6/7/2010 Due 10/1/2010

WHAT DOES YOUR FEE INCLUDE?

Your fee includes registration costs, two Adidas uniform jerseys (shorts and socks not included), coach background checks (state mandated), coach stipends, coach education, SOCA staff, tournament entrance fees, VCCL/SCSL league fees, team camp, ATDP, goalkeeper training, club overhead expenses, equipment, field maintenance, referee fees, VYSA state association fees and other operational costs.

HOW TO MAKE YOUR PAYMENT?

You can make your payment(s) online at www.SOCAspot.org using your MySOCA Account. SOCA accepts all major credit cards. If necessary, you can contact the SOCA Front Office at 434.975.5025 to discuss offline payment(s).

PAYMENT DUE DATES

Please make sure to note the payment due dates. **A late fee will be assessed if you are PAST DUE.** If you have any questions please contact the SOCA Front Office at 434.975.5025.

There are no refunds after the registration deadline.



2010-2011 TRAVEL PACKET

Under 19/18-Under 11 Travel Players (Girls & Boys)

Annual Calendar

Please note: The Annual Calendar is subject to change. Changes are provided to your team coaches and team managers. This calendar provides a summary of the commitment for each age group and team. Please visit www.SOCAspot.org and review the “Upcoming Events” and “Calendar” sections.

June 1-7	Registration & Payment Due (see Team Fees)
July 11, 18, 25	Optional Summer pick-up play for all Travel teams (6:30-8pm @ SFSP)
August 2-6	U19/18-U11 Elite and Premier Teams: Late Tryout (times TBA)
August 2-6	U14-U11 Express Team Camps (early AM times; TBA)
	Lightning & Storm Team Camps (late PM times; TBA)
August 9-12	U19/18-U15 Metro Team Camps (early AM times; TBA)
August 14-15	Potential Elite Friendly Games
August 16-19	U14-U11 Metro Team Camps (early AM times; TBA)
August 21-22	Potential Elite & Premier Friendly Games
August 28-29	Skyline Club Soccer League – Opening Weekend (Premier teams)
	Potential Elite Friendly Games
September 1	U19/18-U15 College Recruiting Seminar @ UVA (TBA)
September 4-5	Labor Day Tournament for all Travel Teams
September 8	Travel Goalkeeper Training Begins: U19/18-U11 (5-6:30pm @ SFSP)
	ATDP Begins: U14-U11 Elite & Premier (5-6:30pm @ SFSP)
September 11-12	Virginia Club Champions League – Opening Weekend (Elite teams)
	State Cup begins: U19/18-U15 Lightning & Storm only
October 1	2 nd Payment Due: All U14-U11 Elite & Premier players
October 9-11	Columbus Day Tournament; for selected Teams only
October 27	ATDP & Travel Goalkeeper Training Ends
October 30	State Cup Semifinals
October 31	State Cup Finals
November 6-7	CASL Raleigh Shootout: U14-U11 Girls Express
	Richmond Capital Classic: U14-U11 Metro Teams; if necessary, any U14-U11 Girls Express not accepted to Raleigh Shootout
November 13-14	CASL Raleigh Shootout: U15-U11 Boys Express; if necessary, any U15-U11 Boys Express not accepted to Raleigh Shootout will play in Capital Classic November 7-8
November 19-21	CASL Raleigh Shootout: U19/U18-U16 Boys Lightning; if necessary, any U19/18-U15 Boys Lightning not accepted to Raleigh Shootout will play in the Bethesda College Showcase
December 3-5	CASL Raleigh Shootout: U19/18-U15 Girls Storm; and if necessary, any U19/18-U15 Girls Storm not accepted to Raleigh Shootout will play in the Bethesda College Showcase



2010-2011 TRAVEL PACKET

Under 19/18-Under 11 Travel Players (Girls & Boys)

Annual Calendar continued...

Please note: The Annual Calendar is subject to change. Changes are provided to your team coaches and team managers. This calendar provides a summary of the commitment for each age group and team. Please visit www.SOCAspot.org and review the “Upcoming Events” and “Calendar” sections.

Mid-December	SOCA Select Academy Training Begins (selected Boys & Girls); program will run through the end of February along with some limited March or April events.
Mid-February	U14-U11 Elite Teams - First Training / Midyear In-Fill Tryout (times TBA)
Mid-February	U14-U11 Elite & Metro Teams Begin Training
Mid-February	U19/18-U15 Lightning & Storm Training Sessions; 1-2 sessions only; on Saturdays or Sundays; not to conflict with high school
February/March	Kickers Friendlies: U19/18-U11 Elite Teams
2 nd Weekend March	Chesterfield or Arlington Tournament: for teams not selected to the Jefferson Cup
3 rd Weekend March	Jefferson Cup Boys
4 th Weekend March	Jefferson Cup Girls

U14-U11 Elite and Premier Spring Schedule will be sent via team coaches and team managers.

PLEASE NOTE: Please review the SOCA Select Academy information provided in this document. If selected to the SOCA Select Academy program, there will be an additional fee and commitments throughout the Annual Calendar. Commitments for the SOCA Select program are primarily limited to the summer (June-August), and winter (mid-December to late-March) time frame.



2010-2011 TRAVEL PACKET

Under 14 Boys and U14 Girls Express Only

ITALY TRIP

Each year, SOCA presents the U14 Boys and U14 Girls Express teams with an opportunity to travel overseas to Italy for a soccer tour. SOCA's tour provider is Quest Sports Travel (www.questsportstravel.com). ***There are no substitutions or changes to the tour provider or the trip.***

Over the past seven years, SOCA has presented a tour that offers a once-in-a-lifetime soccer and cultural experience, quality services and value. This trip is an additional expense. SOCA has secured a tour that is a great value and competitively priced. This trip is highly valued and recommended. It is not, however, mandatory for each player. Each family will need to decide if the trip is appropriate for your son or daughter.

This document will briefly describe the trip, fundraising and the team effort needed to send your son or daughter on this wonderful trip. Charlottesville's sister-city, Poggio a Caiano, plays an integral part in the selection of this trip:

http://en.wikipedia.org/wiki/Poggio_a_Caiano
www.charlottesville.org/index.aspx?page=1735#Poggio

In past trips to Poggio, SOCA teams have been provided matches in local soccer stadiums, dinner/party after the match and even presented with gifts from the Mayor!

Typical highlights of the trip include:

- ✓ Round trip flights on regularly scheduled airlines (including departure tax and fuel surcharge allowance)
- ✓ 9 nights accommodation in 3- or 4- Star hotels in triple or double bed rooms
- ✓ 10 days ground transportation in a private motor coach
- ✓ 10 days service by a Full-Time Quest Sports Travel Tour Manager
- ✓ 9 Breakfasts and 9 Dinners (lunch not included)
- ✓ 2 competitive friendly matches against local Club teams
- ✓ Guided tour of AC Milan & Inter Milan's San Siro Stadium
- ✓ Entry to the San Marino Cup; including minimum 4 games per team
- ✓ Guided tour of Milan with locally licensed Tour Guide
- ✓ Sightseeing in Pisa, with Tour Manager assistance
- ✓ Sightseeing in Florence, with Tour Manager assistance
- ✓ Sightseeing in Montecatini Terme with Tour Manager assistance
- ✓ Sightseeing in Rimini, with Tour Manager assistance
- ✓ Sightseeing while at the San Marino Cup, with Tour Manager assistance

Tour does not include: personal travel insurance, lunches, beverages (soda) with meals, twin/single room upgrades, gratuities for Tour Manager and paid attractions not specified above. ***Itinerary is subject to change. Each year, SOCA will provide each U14 Express team with an updated Itinerary, Schedule, Fundraising Flyer and Reservation Contract, from Quest.***



2010-2011 TRAVEL PACKET

Under 14 Boys and U14 Girls Express Only

ITALY TRIP, continued...

FUNDRAISING

SOCA provides opportunities for the U14 Boys and Girls Express team to utilize SOCA's name and 501-c-3 non-profit status to help promote and fundraise for the trip. However, there are some very important procedures to follow when coordinating your Italy Fundraising:

1. Select one point of contact for the Italy Trip by June 15th: Italy Trip Manager. The Italy Trip Manager will be responsible for coordinating all efforts administratively between the club, team, coaches, players and parents. This person should have a background in management and administrative duties. Often, this may be the team manager, but may be any willing volunteer.
2. SOCA will act as your team's bank. The club will help you by offering its not-for-profit status and the opportunity to deposit all money brought in by your fundraising efforts rather than having an individual accountable and/or responsible for the team's money. This will prevent any individual from exposure to taxable events.
3. SOCA will run approximately three check cycles per team. This means that any request to withdraw money should be as a request from your team's Italy Trip Manager to SOCA's Executive Director who approves and authorizes the club's bookkeeper to make payment. Our bookkeeper processes checks weekly; checks are cut and then provided to the volunteer SOCA Treasurer for final approval. Checks are returned to SOCA for processing and mailing, typically in less than one week from check cutting. Checks are then mailed to Quest or other vendors.

WHAT & HOW TO FUNDRAISE

Quest Sports Travel will provide each team with a European Travel Trip raffle. Each player can sell as many tickets as they would like to sell. All ticket stubs will need to be returned to Quest Sports Travel for the opportunity to win. Upon registration of the Italy Trip, you will receive this raffle information and instructions.

Teams can plan and manage additional fundraising activities. A plan outlining proposed fundraising efforts/activities must be presented to the SOCA Executive Director for prior approval. Fundraising coordination is required to make sure that no Italy fundraising conflicts with the club's fundraising efforts or corporate sponsors programs. Fundraising activities are coordinated through the club to establish clarity and continuity in all fundraising efforts. Italy Trip Managers will meet with the Executive Director to begin the process.

Each team is responsible for its unique fundraising efforts. The club and its employees will not be managing individual team fundraising efforts.

SOCA desires each team to fundraise as much as needed, and for teams to be successful in their fundraising efforts. It is vital that the communication between the Italy Trip Manager and the club remains open. SOCA staff members can provide advice and recommendations based on prior experiences. Previous groups have been inventive and successful.

COACHES & ITALY TRIP MANAGER

The club sends the Head Coach, Assistant Coach and Italy Trip Manager on the trip free of charge; excluding personal purchases, gifts, additional food, etc.



2010-2011 TRAVEL PACKET

SOCA Select Academy

OVERVIEW

SOCA has created the SOCA Select Academy to provide top youth soccer players supplemental programming providing a more meaningful, competitive soccer environment to prepare them for the highest levels of play in the United States. The SOCA Select Academy's primary goal is to help elite soccer players develop and reach their full potential.

SOCA Select will pool together the top youth soccer players from the club. Teams will only be designated or created in targeted age groups. Teams will be select by SOCA's Director of Coaching and the SOCA coaching staff.

Drawing from youth soccer players throughout the west-central Virginia region, SOCA will continue to provide the elite athlete the best training and game environments through the opportunity to play for its current Lightning, Storm and Express teams, with supplemental Select Academy activities.

DESIGNATED TEAMS

Boys Program: The U18 and U17 Lightning teams and the U13 Express team have been designated as Select teams for the 2010/2011 soccer year. These teams have been formed with selected players during the recent annual tryout process.

Girls Program: U18 and U16 Select Academy teams will be formed at the conclusion of the fall season. Teams will be formed by invitation, including players from the U18, U17, U16 and U15 Storm teams. Supplemental tryouts may be conducted, as necessary.

PROGRAMMING

SOCA will provide elite soccer players additional training and competitive game events during 'windows' or openings in current club scheduling. Specific programming will vary by team, with final determinations made by the coaching staff. **Please Note:** Player health will be monitored and evaluated closely to limit over-use and injury.

Boys Program: Training activities will begin with available weekday evening session in June and July. SOCA Select Academy teams will compete against current US Soccer Development Academy teams in August. Some additional summer game events may also be scheduled. There will be December through early-March training, games and tournaments.

Girls Program: Will consist of December through early-March training, games and tournaments, seeking out the best available competition.

SOCA Select teams may apply to events such as the Disney Showcase, Triangle Friendlies, Las Vegas Showcase, and/or host other special events.

SOCA Select is committed to addressing the dreams and aspirations of the very best players. We will be working closely with all players to maximize college soccer playing and scholarship opportunities.



2010-2011 TRAVEL PACKET

SOCA Select Academy

PLAYER SELECTION

Players will be evaluated on performance in league games, tournament games and additional events. Players are selected based upon a comprehensive evaluation of match performance, current and past attendance, training quality, attitude, dedication and overall performance within the team and club settings.

Boys Program: Players are selected during SOCA's annual tryout period. Player selections have been made using all available information and finalized by the SOCA coaching staff. Selected players will be notified via their personal MySOCA page on June 1. SOCA may invite additional players into training and games on a rolling basis.

Girls Program: Players will be identified, evaluated, assessed and selected by the SOCA coaching staff, including the recommendation of current team coaches. Teams will be formed by invitation, with supplemental tryouts as necessary. Teams will be formed in late fall 2010.

Blending elite soccer players and elite soccer coaches offers a one-of-a-kind player development environment. Full-time soccer professionals lead the SOCA Select Academy. We are also excited to announce that SOCA Select Academy teams will include George Gelnovatch (UVA Head Men's Soccer Coach – 2009 NCAA Division I National Champion) and Steve Swanson (UVA Head Women's Soccer Coach) as guest coaches.

TRAINING LOCATIONS

SOCA Select will train and play in Charlottesville, Virginia. Locations will include: SOCA South Fork Soccer Park, University of Virginia turf fields and St. Anne's Belfield turf field. Indoor locations will be used as necessary.

SOCA SELECT ACADEMY FEES

There are additional fees associated with SOCA Select Academy event programming. Since programming will vary by team, the specific fees associated with individual team events will be provided in advance of the various activities. Fees for each specific event will be paid only by those players selected to the event. Fees will include:

- Game event costs.
- Tournament event costs.
- Training location rental fees.
- Coaching stipends and reimbursements.
- Player/Team registrations as necessary (USYSA or US Club Soccer).
- Travel costs, hotel, food, trainers, etc.

SOCA will work hard to limit the overall cost burden on layers and families by rooming players together on trips, acquiring group rates on travel, sharing transportation, purchasing bulk meals, etc.



2010-2011 TRAVEL PACKET

SOCA Select Academy

SOCA SELECT ACADEMY HISTORY

SOCA Select began as a joint project with Roanoke Star in the Fall-Winter of 2008-2009. SOCA has been able to establish a quality reputation by playing and competing against current US Soccer Development Academy teams, and other top quality opposition. In the initial year against Virginia-based USSDA opponents (Richmond Strikers, Richmond Kickers and Virginia Rush), Select teams earned a combined winning record of five wins, four ties and two losses.

Additionally, SOCA Select teams played other top regional US Soccer Development Academy clubs (DC United, PA Classics, Lancaster, PA; Potomac SC, Potomac, MD) earning competitive results while receiving praise from USSDA officials. The initial SOCA Select season culminated in a 1-0 victory over DC United.

In 2009-2010, both boys and girls SOCA Select Academy teams were accepted to the Jefferson Cup, one of the nation's top four elite youth soccer tournaments. The snow-shortened season culminated in a successful weekend set of matches versus current college players.



2010-2011 TRAVEL PACKET

Under 19/18 – Under 15 Boys Lightning & Girls Storm College Recruiting

DID YOU KNOW?

- ✓ SOCA has had over 20 players recruited to play NCAA Division I Men's and Women's soccer over the past four years. Of those players, three have received college scholarships! SOCA has produced players for the University of Virginia, College of William & Mary, American University, Virginia Commonwealth University, Liberty University, Radford University, University of Vermont, University of Pennsylvania, University of Richmond and the Virginia Military Institute.

- ✓ We are also proud to have helped players extend their playing careers at quality NCAA Division II and NCAA Division III Men's and Women's soccer programs: College of St. Rose, University of Mary Washington, Christopher Newport University, Cabrini College, Eastern Mennonite University, Lynchburg College, Hampden-Sydney College, Emory University, Bates College, Methodist College, Kenyon College, Rose-Hulman Institute of Technology, Roanoke College and more!

HOW DO YOU INCREASE THE CHANCES OF COLLEGE EXPOSURE?

- ✓ First, you must be committed to attending all tournaments, college showcases and events for your team. This is important for a few reasons:
 1. You want to be seen by college coaches (increase your own visibility).
 2. You want to help your teammates be seen by college coaches (increase your team's visibility).
 3. You want to fulfill your commitment to your team and Club (increase your club's visibility).

- ✓ Second, you need to know that college coaches will not come to recruit you unless you actively recruit them! This means you must be willing to contact the college coach directly, via phone and via email.

HOW DOES SOCA HELP YOU GET COLLEGE EXPOSURE?

- ✓ SOCA's Director of Coaching and full-time coaching staff work hard to gain entry into the nation's most elite competitions where college coaches like to recruit. Due to the popularity of these events, it is not guaranteed that each team will be included. If for any reason a team does not get into an event, a viable alternate will be selected. Ultimately, the goal is to provide multiple paths of exposure to college programs.

- ✓ SOCA's Director of Coaching and full-time coaching staff will contact college coaches from programs that you are interested in. However, each player must show the initiative, do the research and then provide SOCA with the name and contact information of the college coach.

IS COLLEGE SOCCER FOR EVERYONE?

College soccer may not be for every player. SOCA understands that education is the priority and receiving a quality education is vital for future success. SOCA provides its top teams with the opportunity to be seen by college coaches. SOCA also believes that players selected to these teams should be committed to helping their teammates achieve their objectives as well.



2010-2011 TRAVEL PACKET

Under 19/18 – Under 15 Boys Lightning & Girls Storm

College Recruiting continued...

SHOULD I SKIP SOCA'S SPRING TOURNAMENTS FOR HIGH SCHOOL?

- ✓ It is important to know that college coaches are recruiting at the larger club tournaments like those SOCA attends: Raleigh Shootout, Jefferson Cup, Disney Showcase, Cincinnati Blue Chip Showcase, Kickers Friendlies, Chesterfield Icebreaker, Greensboro Shootout, Triangle Friendlies and more!
- ✓ If a college coach knows that you have skipped an elite event they may question overall commitment and this may hurt your chances of being recruited.
- ✓ As a SOCA Lightning or Storm player you have committed to all team events; Fall and Spring.

SOCA ANNOUNCES COLLEGE PROFILE PAGE

- ✓ SOCA is proud to announce that it now offers a platform for its elite Under 19/18 – Under 15 Boys Lightning and Girls Storm players to attract college coaches.
- ✓ Lightning and Storm players will see a “College Profile” link in their MySOCA Account. This link is located below your name.
- ✓ By clicking on this link, you will be able to fill out the necessary information that college coaches (NCAA Division I, II, III and more) are seeking. SOCA provides you the chance to upload a photo, enter details for a soccer resume, SAT scores, ACT scores, PSAT scores and additional information.
- ✓ You will have the choice to make your information public or not. If you choose to make the information available, college coaches will be able to go to www.SOCAspot.org and click on the College Info link. College coaches will then be able to search your information.
- ✓ College coaches will contact SOCA's Director of Coaching only. Your contact information will not be posted on the website for security purposes. If the SOCA DOC receives contact from a college coach, your information will be provided to the college coach and SOCA will notify you.

PLEASE NOTE: Team managers will want to create a player profile book to hand out to college coaches at specific events and tournaments. Team managers may email Brian.Kuk@SOCAspot.org to receive a template of the player profile book.